

Author Bio
Lawrence Doochin
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Raised in a Jewish family in Nashville, TN, Larry attended services and had a Bar Mitzvah. However, he felt no relationship with God, he felt an emptiness that he did not understand. In the South the Jewish community was very small and insular. Christians who believed that Jesus had taken care of the sins of believers constantly surrounded Larry. Being Jewish, Larry felt very left out and isolated, and pushed thoughts of Jesus and God as far from him as possible. Emmett Fox's *Sermon on the Mount* introduced Larry to the teachings of Jesus and the early Christians, while *A Course in Miracles* material continued his healing. Today, after much soul-searching and healing, Larry sees Jesus as a good friend and comforter, and a guide on the path of Love.

Larry's parents divorced when he was 12. He was the only child left in the house with his mother, a manic-depressive, and a Rager, who abused him during puberty. Larry feels that those experiences help him to minister to people who have undergone similar experiences. Much of his therapy revolved around his abuse and a greatly damaged concept of love. Today Larry can say, "I chose those experiences because the pain from it forced me to go deep inside myself and remember my Oneness and Love with God. God, operating through the body that was my mother, gave me this particular gift of Love. This gift felt like hell when I was going through it, however, eventually I was able to release false beliefs and wake up as a much healthier model of Love than what had been previously shown by my mother"

After years of therapy and spiritual study Larry began receiving these revelations, which he recorded in his journal. Some of the revelations were experiences or concepts that he had integrated, while others were ones that he did not fully understand. As he wrote Larry had no idea that the revelations would become a book. "I thought that maybe the revelations had been given **solely** to me to assist me on my journey, whether they had application elsewhere, I couldn't say. I stopped recording them down several years ago. Before, they amazed me. Now, I don't think of them as anything special because I live them in my everyday experience. If the book sells a million copies, then great, however if I have helped one person to come closer to realizing their true nature and how much God loves them, then that is truly a blessing."

Larry is now the author of *I Am Therefore I Am: Finding God in Our Heart*. He still lives in Nashville, Tennessee working with his families printing business. Larry and his wife Janice have 4 kids. He describes family life now, "We are a close knit family, a group of strong individuals and Souls who always know that Love is present. We talk about God constantly."

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Don't Change Yourself, Simply Recognize Who You Really Are!

-- for immediate release --

Staunton, VA - Remembering rather than learning, accepting rather than fixing ourselves--what radical, yet comforting concepts! While experts and teachers often tell us that the way to truth and meaning is through the capabilities of our minds, Larry Doochin's assertion in *I Am Therefore I Am: Finding God in Our Heart* that we are not here to learn is an arresting statement. With gurus, spiritual teachers and ministers imploring us to study more, then "fix" what is wrong with us, Doochin's suggestion appeals to all spiritual seekers, "Wouldn't it be great if you didn't have to change anything about yourself? If all you had to do was remember and recognize who you really are?" Doochin continues, "You are not here to do anything, you are here to be, you are fulfilling your role on Earth just by being an expression of God in physical form. You are Creation fulfilled."

Growing up Jewish in Nashville, Larry spent years estranged from any form of God. His abusive home life left him clueless about real Love. But Doochin's commitment to intensive therapy and the study of authors like Emmett Fox and the spiritual tenants of *A Course in Miracles* (ACIM), Buddhism, Hinduism and Sufism opened his heart to Love. He began to question why many Christian books talk about God's Love in the same breath as sin and sacrifice and New Age books discuss non-duality without a mention of God or His Love. *I Am Therefore I Am* addresses those incongruities and synthesizes the concepts of ACIM and Christianity with the truths of *The Power of Now* and *Conversations with God*.

I Am Therefore I Am is a loving and nurturing resource that quiets nagging questions we cannot answer with our minds but must access through our hearts. Doochin's book is a guide for all who want to cultivate the natural state of joy and happiness that exists in remembering and relaxing into who we truly are. Still living in Nashville, Larry is available for radio interviews nationally, as well as speaking engagements regionally.

For more information contact Mari Selby, Director of Selby Ink 540-446-5573.

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Praise for Larry Doochin and *I Am Therefore I Am*

"Lawrence Doochin unlocks the secret to finding our true purpose in life through his revelations. *I Am Therefore I Am* has been an inspiration to me and my listeners to embrace life in the moment and remember the perfection that exists within us."

Kimmie Rose Zapf, Syndicated Radio Show host, and Author of Wake Up to Your Intuitive Path

"I recently received and just finished reading *I Am Therefore I Am*. It is a wonderful book: a carrier of Truth and of the state of Presence out of which it came. "

Connie Kellough, Publisher/President NAMASTÉ PUBLISHING

" *I Am Therefore I Am* is an intense guide for spiritual awareness that will benefit both the beginner and someone who has been on the spiritual path for a while."

Dr. Denice Fish, Psychotherapist, Nashville, TN.

"Larry Doochin has a kind and gentle soul and it is reflected in his book, *I Am Therefore I Am*. For all who are beginning the path to revelation about self and God, this is a book for you!"

Sindy Scalfi, host WLAC 1510 AM in Nashville, TN

"Lawrence Doochin's *I Am Therefore I Am* is truly *pure information* from the upper realms, full of reality-shifting pearls of wisdom, facilitating quantum leaps by dismantling the illusion of time and separation, so that we all can *experience*, remember and finally *return to being* the unconditional love we seek."

Bryan Flournoy, Host of the podcast, Making It All Click

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Lawrence Doochin/*I Am Therefore I Am* Interview questions

1. What is in your background that made you write this book?
2. Explain what you mean by “I Am Therefore I Am”.
3. What do you hope people will feel from reading your book?
4. Can you give us an example of what being present means to you?
5. What are your views of enlightenment?
6. Can you give us an example of why we need God in our daily life?
7. When we don't feel God in our lives, what do you feel is happening?
8. How and when did you discover your desire to teach and share in this manner?
9. Why does the modern world need these revelations?
10. How will these revelations given to you, help heal stress in our lives?
11. By bringing God into our daily lives, can you tell us how that may help heal our relationships?
12. What is my first step I can take to bring a stronger sense of God into my daily life?
13. Where can people purchase *I Am Therefore I Am: Finding God in Our Heart*
14. Can people learn more about your book on your website: www.lawrencedoochin.com